



# April Weekly Wednesday Webinars

In honor of April Child Abuse Prevention Month, Prevent Child Abuse Arizona will hold free webinars at 10:00am on every Wednesday in April.

## Wielding Your Inner Strengths: Building Your Personal Resilience

April 1 | 10—11am

*Presented by Claire Louge, M.Ed.*

Life is full of challenges - big and small. Whether we're facing major loss, a global pandemic, or just some atrociously bad traffic, life is constantly offering us opportunities to practice resilience. This training will focus on what it means to be resilient, and the qualities and practices that predict a person's ability to thrive despite, or perhaps because of, challenges.

[Register for this Webinar](#)

## Connection Before Correction—Why Attachment Matters

April 8 | 10—11am

*Presented by Meghan Hays Davis, MAS, IMH-E®*

Parenting is hard, parenting children with trauma histories is a whole different ballgame. This workshop will show how care providers can assess past attachment patterns that lead to negative behaviors, reinterpret those behaviors and provide relationship based guidance and parenting. Relationship based interventions to address trauma and behavioral needs will give participants tools to try at home.

[Register for this Webinar](#)

## Preventing and Addressing Adverse Childhood Experiences

April 15 | 10—11am

*Presented by Claire Louge, M.Ed.*

Childhood trauma affects later adult health and wellbeing. This training will delve into the revolutionary Adverse Childhood Experience (ACE) Study, an ongoing body of research study that demonstrates the link between early trauma and adult behavior. You'll learn how to help those who have experienced childhood trauma build resilience through protective factors and positive childhood experiences.

[Register for this Webinar](#)

## The Unique Needs of Infants and Toddlers in Foster Care

April 22 | 10—11am

*Presented by Meghan Hays Davis, MAS, IMH-E®*

Science and research tell us that young children have unique needs when faced with trauma and attachment disruptions caused by removal. Participants will gain knowledge about brain development; stress and trauma; attachment; how relationships can heal; and resources available to help.

[Register for this Webinar](#)

## Stress, Trauma, and the Trauma-Informed Approach

April 29 | 10—11am

*Presented by Claire Louge, M.Ed.*

How does stress negatively impact your life? This workshop will delve into the body's natural response to stress, and use this as a lens for understanding the impact of trauma on human thinking and behavior. Participants will learn simple stress-reduction techniques they can use anywhere, and learn how to apply the trauma-informed approach to their work with people.

[Register for this Webinar](#)

