



Welcome!

DEVELOPING PLANS & PRACTICES FOR  
TRANSITION AGED YOUTH

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Presenter:

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- ❖ Jessica Woodruff, LCSW  
Director, Transition to Adulthood Program  
Jewish Family & Children's Service

## Transition to Adulthood

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Objectives:

- ❖ Develop an understanding of the unique needs of transition-age youth
- ❖ Define transition to adulthood planning strategies

## Transition to Adulthood

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### The Purpose of Working with Transition-Age Youth:

1. To understand the 16 – 25 year old age group as a **distinct** and **separate** culture.
  - Unique population with special needs, some TAY 14-29
2. Transition-Age Youth **are not** transitioning or **transferring** into adult services **but are** transitioning into adulthood.
  - Need for developmentally appropriate services specific to the distinct needs of a young person just entering adulthood
  - Mental health and other services have not been designed with the needs, interests or goals of young adults in mind

## Youth and Transition to Adulthood

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### What We Know:

There are differences in engaging families, older adults vs. young adults

Presenting problems are frequently different

Support systems are significantly different

Take a different approach to goal planning with Futures Planning

### Overarching Theme

Creating an environment of *hope* and *discovery* - - without these tenants, it would be more difficult to pursue the elements of recovery.

## Transition to Independence Process (TIP) System Model

The **Transition to Independence Process (TIP) Model** developed by Hewitt B. "Rusty" Clark, PhD, BCBA of the University of S. Florida is the *only* evidenced supported best practice model in the United States based on six published studies that demonstrate improvement in **real life** outcomes for youth and young adults with emotional/behavioral difficulties (EBD).

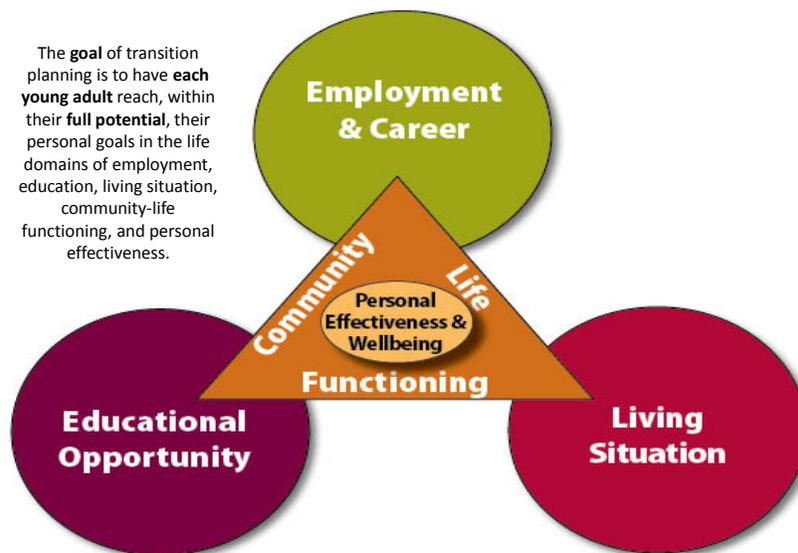
## TIP Model Mission

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The mission of the Transition to Independence Process (TIP) system is to assist young people with emotional and/or behavioral difficulties (EBD) in making a successful transition into adulthood, with all young persons achieving, within their potential, their own goals in the transition domains of employment, education, living situation, and community life functioning.

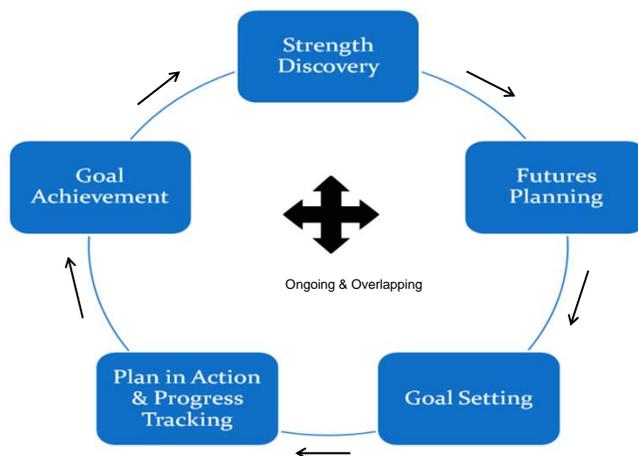
## Transition Domains

The **goal** of transition planning is to have **each young adult** reach, within their **full potential**, their personal goals in the life domains of employment, education, living situation, community-life functioning, and personal effectiveness.



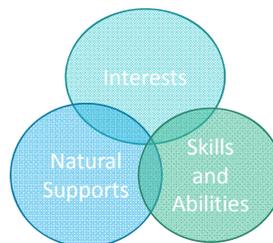
## Futures Planning:

To define the life a youth wishes to live & describe what will assist the youth in moving toward that life all from the youth's perspective.



## Strengths Discovery

- ❖ Encourages young people to trust professionals
- ❖ Identifies **possibilities** and options vs. limitations
- ❖ Enhances engagement and builds relationships
- ❖ Focuses on identifying solutions



## TIP System Guidelines

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1. Engage young people through relationship development, person-centered planning, and a **focus on their futures**.
2. Tailor services and supports to be accessible, coordinated, appealing, non-stigmatizing, and developmentally appropriate--and building on strengths to enable the young people to pursue their goals across relevant transition domains.
3. Acknowledge and develop personal choice and social responsibility with young people.

## TIP System Guidelines

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4. Ensure a safety net of support by involving a young person's parents, family members, and other informal and formal key players.
5. Enhance young persons' competencies to assist them in achieving greater self-sufficiency and confidence.
6. Maintain an outcome focus in the TIP system at the young person, program, and community levels.
7. Involve young people, parents, and other community partners in the TIP system at the practice, program, and community levels.

## TIP Transition Facilitators

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- Transition Facilitators ensure continuity of planning, services and supports.
- The TIP system is implemented *directly* by Transition Facilitators who work with young people, their parents and other informal and formal supports.
- The term *transition facilitator* is used to emphasize the function of *facilitating* the young person's future, *not directing it*.

Ratio of young people to transition facilitators does not exceed 15 : 1

## Maricopa County Arizona – Transition to Independence Process (TIP) Implementation

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- 2008 – Establishment of Magellan Youth Transition to Adulthood Workgroup.
- Pilot Program - Identified (2) Children's Providers and (2) SMI Adult Direct Care Clinics to work together co-jointly.
- Each Children's Provider will have Transition Facilitators to work with at least (1) Transition Specialty staff from each SMI Direct Care Clinic.
- Each Children's Provider will reach a capacity of 120/youth/young adults (Total 240 youth/young adults).
- Caseloads will not exceed 15 youth.

## Maricopa County Arizona – Transition to Independence Process (TIP) Implementation

- ESTABLISHED ELIGIBILITY CRITERIA/PROCEDURES AND REFERRAL SYSTEM FOR THE PILOT.

- ESTABLISHED YOUTH TRANSITION TO ADULTHOOD POLICY; MAGELLAN EDITION PROVIDER MANUAL 3.17 STANDARDS & GUIDELINES “TRANSITION OF PERSONS,” AND YOUTH AND YOUNG ADULT STIPEND POLICY.

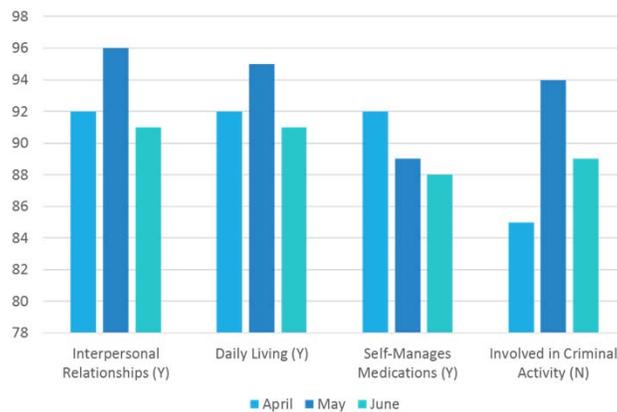
- LAUNCH DATE: JANUARY 5, 2009.

- ON-GOING ON-SITE TRAINING, CONSULTATION AND IN-FIELD SUPERVISION WITH DR. RUSTY CLARK.

- 2010 – FROM PILOT PROJECT TO FULL TIP PROGRAM MODEL

**Maricopa County Arizona**  
 Data collection from *Transition to Adulthood Program Information System (TAPIS)*:  
 April – June  
 Ages 16 - 21  
 Jewish Family & Children's Service

Q1-238 Youth/Young Adults   Q2-268 Youth/Young Adults   Q3-226 Youth/Young Adults   Q4-214 Youth/Young Adults



Remember....

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**It all begins with young  
people....  
get it right for them,  
and you will get it right across  
their life span.**

Thank you!!

Questions??

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**Jewish Family & Children's Service:**

Jessica Woodruff, LCSW  
[Jessica.Woodruff@jfcsaz.org](mailto:Jessica.Woodruff@jfcsaz.org)  
(602)587-8353 (o)

