



## *The Neurosequential Model in Caregiving* Facilitator Training Program Information Sheet *Living and Working with Traumatized Children:*

This information sheet details the upcoming Facilitator Training Program that we will be conducting with Dr Bruce Perry as part of the *Neurosequential Model in Caregiving* foster parent training program. **Please read this information thoroughly before applying.** Contact Julia Drake (602.252.9363 or [jdrake@azcouncil.com](mailto:jdrake@azcouncil.com)) or Bahney Dedolph ([bdedolph@azcouncil.com](mailto:bdedolph@azcouncil.com)) if you have questions about the training program.

### **What is the *Neurosequential Model in Caregiving*?**

The Arizona Council and Dr Bruce Perry from the Child Trauma Academy have partnered to provide specialized trauma informed training for foster, kinship, and adoptive parents. Dr Perry developed the *Neurosequential Model in Caregiving*, based on his many years of research in trauma healing, brain science, and child development. The Arizona Council will be working with Dr Perry over a three-year period to develop a resource library of videos and other materials. This will allow parents and trained facilitators to continue the program.

### **Why Are We Doing the Facilitator Training Program?**

We are recruiting applicants to be facilitators for the *Neurosequential Model in Caregiving* Foster Parent Training program. In addition to hosting the resource library, we will continue the training program for foster, kinship, and adoptive parents throughout Arizona using facilitators trained by Dr Perry. Our goal is to create a sustainable program that will make training available throughout Arizona long after the three year project comes to an end. The Arizona Council is currently seeking individuals who are interested in becoming Trained Facilitators.

### **When Will It Happen?**

The facilitator training program will begin in September 2017. The program lasts for 12 months.

### **Where Will It Happen?**

Participants from Maricopa County will meet as a group at the Arizona Council for their training sessions. Participants from Pima County will meet as a group at a to-be-determined location in Tucson. Those from rural/frontier Arizona will participate independently or in small groups depending on who is accepted and where they are located.

### **What Will It Cost to Participate?**

An application fee that must be submitted with the completed application. For foster, kinship, and adoptive parents the application fee is \$50. For those working at Arizona



Council member agencies the application fee is also \$50. For all others the fee to apply is \$100.

Those selected to participate in the facilitator training program will pay a small program participation fee. Program fees are \$250 for those working at member agency programs and \$350 for those working at non-member agencies. Scholarships are available for foster, kinship, and adoptive parents to allow them to participate at a reduced rate.

### **How Do I Apply?**

Applications will be accepted until August 11<sup>th</sup>. They will be reviewed and scored. It will be a competitive selection process. We suggest agencies/associations have at least two people apply to ensure their ability to continue the program. Successful applicants will be notified by September 1, 2017.

### **Where Do I Find Applications?**

Applications are available on the Arizona Council of Human Service Providers website (<http://www.azcouncil.com/neurosequential-model-for-caregiving/>). You can also request one from Julia Drake ([jdrake@azcouncil.com](mailto:jdrake@azcouncil.com)).

### **Who Can Apply?**

Anyone may apply. However, the ideal applicant for this program has a combination of education, practical experience with foster care/adoption or children who have experienced abuse or neglect, and the communication skills necessary to be an effective trainer. Applicants will also need to make an agreement with an agency or association to plan for ongoing implementation of the training.

Successful applicants will have watched all current webinars, read all of the archived materials, and have read at least one of Dr Perry's books<sup>1</sup>. Dr Perry finds that those who are flexible, tolerant, patient, creative, motivated, and curious are the best fit for his training programs. Applicants must be willing to try novel and innovative approaches and be able to tolerate failure. Applicants must be enthusiastically willing to continue learning and to share their experiences with others.

We are looking for applications from:

- Foster, kinship, and adoptive parents
- Licensing agency staff
- Child welfare providers
- Behavioral health providers
- DCS staff

### **What Are We Asking You To Do?**

There are **three** phases to the training program.

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<sup>1</sup> Dr Perry's books can be found on his website at <http://childtrauma.org/roktabs/>



**Phase One “Trainers”:** The initial cadre of participants in the facilitator training program will commit to attending the monthly 90-minute core NMC webinars (these are part of the continuing series with foster or adoptive parents presenting one of their children) and a monthly 60 minute “Advanced Topics” webinar with Dr. Perry for twelve months. Phase One will begin in September 2017. Participation in each live webinar is required. In the case of an emergency, participants will be permitted to watch the archived version of the missed webinar before the next webinar.

The “Advanced Topics” webinar will be focused on more in depth discussion and presentation of content related to the major themes and principles that have been emerging in the clinically-focused 90-minute Neurosequential Model in Caregiving (NMC) webinars. Participation in each live webinar is required.

In addition, program participants will be required to read additional materials, watch archived teaching videos, and review other materials. We anticipate successful completion of Phase One will require a commitment of 6-10 hours a month.

Select facilitator training program participants will have the opportunity to be co-discussants on an NMC webinar with Dr. Perry. Participants will do an observed presentation on some aspect of the didactic content as well. We will create study/support groups for those in the training program.

**Phase Two “Resource Trainers”:** A small group of participants will be selected to continue their work with Dr Perry. Phase Two facilitators will gain increased knowledge in the curriculum and will serve as a community resources. Details on this phase of the program are forthcoming.

**Phase Three “Mentor Trainers”:** A small group of participants will work with Dr Perry to become the official “Trainers of Trainers”. Phase Three details are forthcoming.

### **What Is The Time Commitment?**

There are several aspects to the time commitment. There is a time commitment for the initial training program—roughly 6-10 hours a month for 12 months as described above.

Additionally, trainers and their agencies/associations commit to recruiting participants for and providing training to foster, kinship, and adoptive families for a minimum of two years post training completion. This two-year time commitment will begin in September 2018. We anticipate that some aspects of the program may need to be modified to accommodate the unique needs of rural and frontier Arizona.

Trainers and agencies/associations will commit to providing the training to fidelity to Dr Perry’s model, to offer the training at no cost to participants, and to not use any of the materials outside the scope of the program. They will also agree to provide the Arizona Council with data about participants and participate in any future evaluations.

This will continue to be an Arizona Council program implemented throughout Arizona.