



The Neurosequential Model in Caregiving: The Arizona Training Project

The Arizona Foundation for Human Service Providers is partnering with The ChildTrauma Academy to provide Trauma Informed Care training to foster parents, kinship families, child welfare agency staff, and behavioral health professionals.

The ChildTrauma Academy and Dr. Bruce Perry developed a specialized version of the Neurosequential Model for Therapeutics (NMT), a developmentally informed, biologically respectful approach to trauma informed care, for foster parents called the Neurosequential Model in Caregiving (NMC). It will help caregivers and community providers understand the impact of trauma, maltreatment, neglect, intrauterine substance exposure, and other adversities on the developing child and better understand the complexities of their needs. Ultimately, this common set of principles and concepts will help create a common language and understanding among and between foster parents, service providers, and the community.

Over the next three years, we will develop an online resource library, create a cadre of trained NMC facilitators, and train foster parents and kinship providers using a web based model. There are three tracks to the project—an introductory exposure to the model for foster parents, kinship families, and community providers, multiple 90 minute scenario specific webinars with Dr. Bruce Perry, and development of a cadre of trained facilitators who will be able to sustain the program over time.

Because all three tracks of the NMC are web-based, foster parents and community providers have multiple options to access the training. They may participate in a “live” webinar, for instance, or watch a “recorded” archived webinar. All recorded webinars will be available to access by topic when the need arises for a foster or kinship family or community provider.

Webinars will include didactic information on the topic presented by Dr. Perry and an NMC facilitator. A problem solving focused case scenario presentation of a foster child by a participating foster family and community providers will follow this. Each webinar will focus on common issues or problems facing foster parents.

Those who complete the entire series of webinars will receive a certificate of completion and be considered as candidates for the Facilitator Train the Trainer program.

For additional information about *The Neurosequential Model in Caregiving: The Arizona Training Project*, please contact Bahney Dedolph at bdedolph@azcouncil.com or Julia Drake at jdrake@azcouncil.com or 602.252.9363.