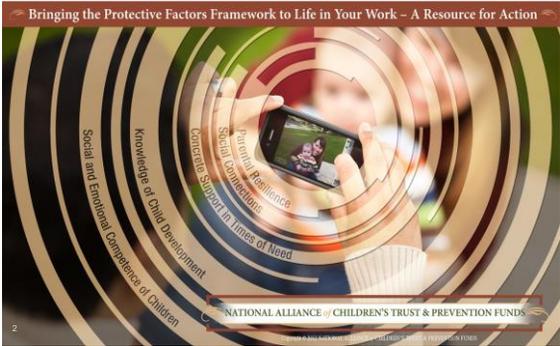
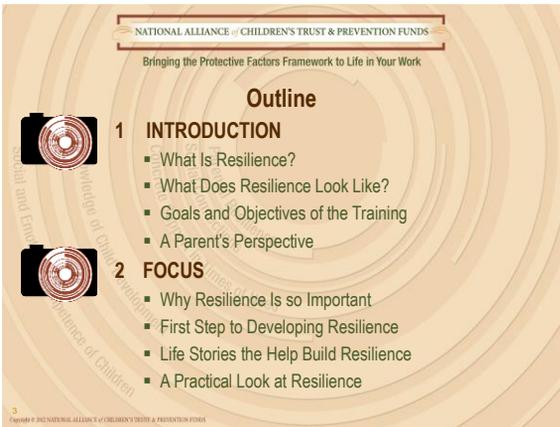


Parental Resilience





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Essential Elements

- What is Resilience? What does it look like?
- How Parental Resilience Fits Into the Framework (logic model)
- **Everyday Actions that Build Resilience:**
 - Valuing and Supporting Parents
 - Honoring Each Family's Culture
 - Responding to Family Crises
 - Building Partnership with Parents to Benefit Everyone



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Three Common Threads Throughout the Curriculum

1. **The Strengthening Families™ Protective Factors Framework** – Understanding and communicating the importance of how to use the framework as we go about our everyday work.
2. **The importance of culture** – How culture impacts families as they seek to build protective factors and how our own culture shapes how we individually feel, act and think.
3. **The critical role parents play in strengthening families** – Viewing parents as valuable partners in every phase of the work we do.



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Goals

- Define and recognize signs of parental resilience.
- Identify actions you can take to help parents build their resilience in your work.
- Give examples of program efforts to value and support parents.
- Give examples of program efforts to respond to family crises.
- Identify steps you will take to integrate these ideas into your work.

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Defining Resilience

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Resilience Blocks

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Parental Resilience Don's Resilience

- Can you identify with Don's struggles?
- Who does he identify as "always being there for him"?
- What systems did he have to navigate to get his little girl the services she needed?
- How did Don's support group help him to overcome some of the challenges he faced?

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An Old Quaker Exercise

PROBLEM

Parental Resilience
 Social Connections
 Concrete Support in Times of Need
 Knowledge of Child Development
 Social and Emotional Competence of Children

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Shape of Things to Come

Parental Resilience
 Social Connections
 Concrete Support in Times of Need
 Knowledge of Child Development
 Social and Emotional Competence of Children

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The Pathway to Improved Outcomes for Children and Families

Core Functions

- Develop knowledge and understanding
- Shift practice, policy and systems
- Ensure accountability

Program Practice

Programs that serve children and families:

- Shift organization culture to value and build upon families' strengths
- Make policy changes to support changes in worker practice
- Implement everyday actions that support families in building protective factors

Worker Practice

Individual workers:

- Have knowledge of protective factors and skills to help families build them
- Change their approach to relationships with parents
- Implement everyday actions that support families in building protective factors

Protective Factors

Families are supported to build:

- Parental resilience
- Social connections
- Knowledge of parenting and child development
- Concrete support in times of need
- Social and emotional competence of children

Results

- Strengthened families
- Optimal child development
- Reduced likelihood of child abuse and neglect

strengthening families

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The Cracked Watergourd

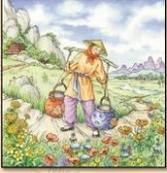
Ancient Wisdom
 Modern Times
 (Author Unknown)
 Adapted from
<http://www.990books.com/story/cracked-pot/>
<http://www.society.org/the-cracked-pot/>
http://www.kanohawaii.com/complex/culture_au.htm



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The Cracked Pot



Each of us has our own unique flaw. But it's the cracks and flaws we each have that make our lives together so very interesting and rewarding.
 No one is perfect – sometimes our flaws are our strengths.

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Essential Elements

- What is Resilience? What does it look like?
- How Parental Resilience Fits into the Framework (logic model)
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The National Alliance of Children's Trust and Prevention Funds:

- Ensures all states have a strong and effective children's trust or prevention fund capable of leading and investing in strategies, policies and best practices that prevent child abuse and neglect before it occurs.
- Initiates and engages in national efforts that help state children's trust and prevention funds in strengthening families to prevent child abuse and neglect.
- Promotes and supports a system of services, laws, practices and attitudes that supports families by enabling them to provide their children with safe, healthy and nurturing childhoods.

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Bringing the Protective Factors Framework to Life in Your Work

Contact

- If you have questions about *Bringing the Protective Factors Framework to Life in Your Work*, please contact the Alliance at:
 - info@ctfalliance.org
- If you are interested in participating in a Training for Trainers for *Bringing the Protective Factors Framework to Life in Your Work*, please contact the Alliance at:
 - tot@ctfalliance.org

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