

# Protective Factors Trainings

All trainings are taught by trainers certified to teach the Strengthening Families™ Protective Factors Framework by the National Alliance of Children's Trust and Prevention Funds.



## Introduction to the Protective Factors Framework

**Course description:** Let's focus on what's strong rather than what's wrong. Participants will learn an overview of the Strengthening Families™ Protective Factors Framework, an approach to working with families in a way that builds their strengths as a solution to their challenges. We'll discuss what it means to work with families in a strength-based way, and come up with ideas for how we can build protective factors through our work.

**Course length:** 2 hours

**Recommended audience size:** 20-50

**Cost:** \$500

## Parental Resilience

**Course description:** This course will delve into the **Parental Resilience** protective factor. Participants will learn to define and recognize signs of parental resilience, identify actions they can take to help parents build their resilience, and provide examples of program efforts that value and support parents.

**Course length:** 2 hours

**Recommended audience size:** 20-50

**Cost:** \$500

## Social Connections

**Course description:** This course will delve into the **Social Connections** protective factor. Participants will learn to understand the value of helping parents and families connect to others, discuss ways to help parents make these connections, and create concrete plans for facilitating more connection in their communities.

**Course length:** 2 hours

**Recommended audience size:** 20-50

**Cost:** \$500

## Knowledge of Parenting and Child Development

**Course description:** This course will delve into the **Knowledge of Parenting and Child Development** protective factor. Participants will be able to define what it means to have knowledge of parenting and child development, identify actions they can take to strengthen parenting, and create a plan to integrate these ideas into their work.

**Course length:** 2 hours

**Recommended audience size:** 20-50

**Cost:** \$500

## Concrete Support in Times of Need

**Course description:** This course will delve into the **Concrete Support in Times of Need** protective factor. Participants will discuss examples of how to provide welcoming, non-judgmental support to families, brainstorm ways to better connect families to resources, and learn to recognize the early signs of child maltreatment.

**Course length:** 2 hours

**Recommended audience size:** 20-50

**Cost:** \$500

## Children's Social and Emotional Competence

**Course description:** This course will delve into the **Children's Social and Emotional Competence** protective factor. Participants will be able to list characteristics of children who are emotionally healthy and demonstrate strong social skills, learn ways to promote the social and emotional growth of children, and recognize how this protective factor is linked to preventing child maltreatment.

**Course length:** 2 hours

**Recommended audience size:** 20-50

**Cost:** \$500

*All six courses can also be packaged into a 12-hour training delivered over the course of two days.*

To request a training, please contact Claire Louge at [claire@pcaaz.org](mailto:claire@pcaaz.org) or (928) 925-6493