

# HEALTHY FAMILIES ARIZONA

# 2015

## EVALUATION HIGHLIGHTS

### Fiscal Year 2015 Funding



The Healthy Families Arizona program (HFAz) was established in 1991 by the Arizona Department of Child Safety.

HFAz helps expectant and new parents get their children off to a healthy start, with the ultimate goal of reducing child abuse and neglect.

Families receive home visits by trained staff who connect them to important community resources.

HFAz is nationally accredited by Healthy Families America under Prevent Child Abuse America.

The US Department of Health and Human Services has designated the program as "evidence-based".

**4,911** families served in 2015

### HFAz Serves Families With Exceptional Needs

	HFAz Families Rates	Arizona Rates
Teen Mothers	15%	9%
Single Parents	72%	45%
Not Employed	77%	46%
Less Than HS Edu.	36%	18%
No Health Insurance	6%	4%
Receives AHCCCS	83%	54%
Late or No Prenatal Care	34%	19%
Median Yearly Income	12k	50k

## OUTCOMES FOR CHILDREN

### Birth Risks

Families who enrolled in the program before birth had fewer incidents of premature birth and low birth weight than families that enrolled after birth.

### Development Delays Screen

More than 90% of children received timely developmental screens in their first year of life.

### Infant Drug & Alcohol Screen

1.6% of infants enrolled in the prenatal period had positive drug/alcohol screens at birth compared to 10.2% of infants enrolled after birth.

**96%** of families participating in HFAz had no substantiated cases of child abuse and neglect during this program year.

HFAz continues to support the goal of increasing the immunization rates of infants. At the 12 month data collection point, 89% of HFAz children were up to date on their immunizations.

## OUTCOMES FOR FAMILIES

### Maternal Employment

23% of mothers were employed full time at the time of their child's birth. 2 years later, 49% of mothers were employed full time.

### Maternal Education

56% of mothers enrolled in school in the first year of their child's life.

### Parental Substance Use

95% of families receive substance abuse screening.

At one year post enrollment 5.6% report substance use.

### Household Safety

Unintentional injury is a leading cause of death for youth children. HFAz helps prevent these incidents by encouraging safety practices.

99.8% used car seats. 96% have poisons locked up in their homes. 92% have working smoke alarms in their homes.

### HFPI

The Healthy Families Parenting Inventory measures those domains that have been demonstrated to be most critical to preventing child abuse and neglect. Families who were a part of Healthy Families Arizona reported positive outcomes across multiple domains.

### Improvements in:

- depression
- parent/child behavior
- parenting efficacy
- personal care
- mobilizing resources
- problem solving
- home environment
- commitment to parenting role

## **For more information, refer to the full evaluation report**

LeCroy & Milligan Associates, Inc (2015) Healthy Families  
Arizona Annual Evaluation Report 2015. Tucson, AZ

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