

Triple P AZ 22nd Arizona Child Abuse Prevention Conference

Triple P: The National Perspective

- Randy Ahn, Triple P America

Triple P: Lessons Learned from Local Implementations

- Dalia Townsend and Theresa Lindberg, Casa de los Ninos
- Debbie Losano and Kat Emmons, Jewish Family & Children's Service

Triple P AZ: The Statewide Perspective

- Cricket Mitchell, Prevent Child Abuse Arizona


22nd CHILD ABUSE PREVENTION CONFERENCE | GLENDALE ARIZONA
 PREVENTION CHILD ABUSE ARIZONA JULY 2016



TRIPLE P
 Positive Parenting Program

Randy Ahn, Ph.D. MLIS
 Implementation Consultant
 Triple P America


For Every Parent



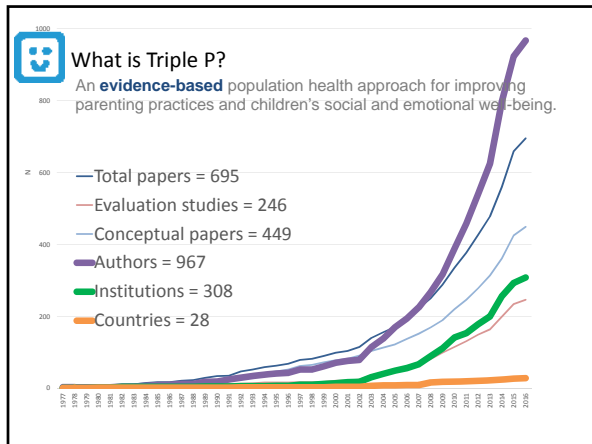
What is Triple P?

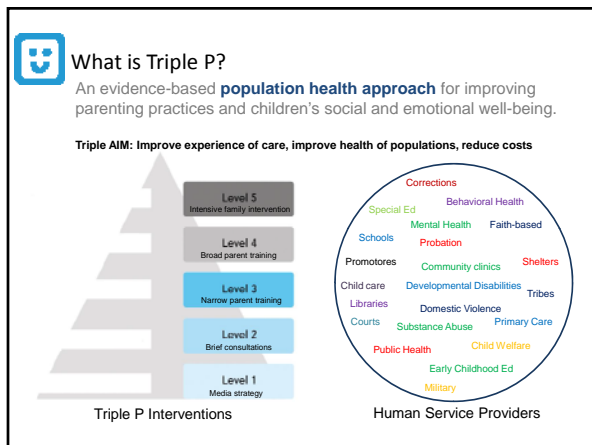
Triple P - Positive Parenting Program
 An evidence-based population health approach for improving parenting practices and children's social and emotional well-being.

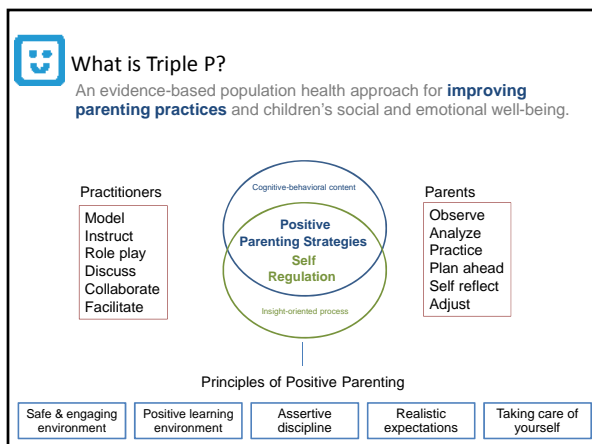
For families with children 0-16 yrs with or without a disability



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 Meeting the highest standards of evidence-based practice
 independent review by the nation's top scientists







Sample Positive Parenting Resources and Strategies

Setting a Good Example



Planned Ignoring



Ground Rules



Incidental Teaching



Practitioner and Parent Resources



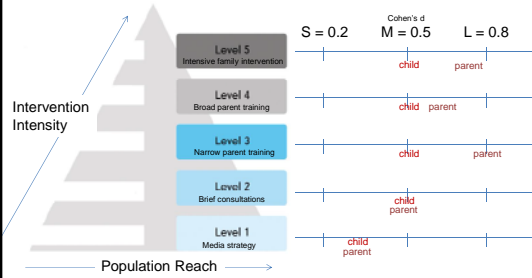
Triple P Online





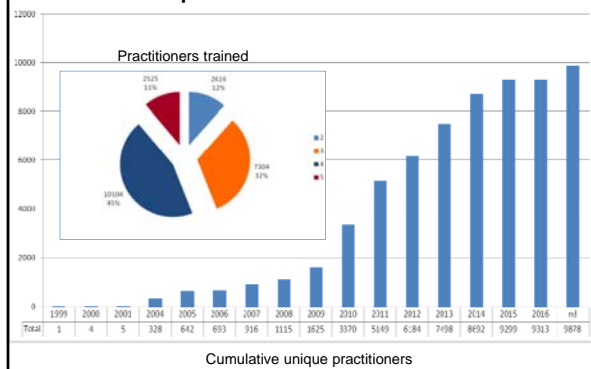
What is Triple P?

An evidence-based population health approach for **improving** parenting practices and **children's social and emotional well-being**.



* Sanders, M. R., Kirby, J. N., Tallgren, C. L., & Day, J. J. (2014). The Triple P-Positive Parenting Program: A systematic review and meta-analysis of a multi-level system of parenting support. *Clinical Psychology Review*, 34(4), 337-357. <http://dx.doi.org/10.1016/j.cpr.2014.04.003>

US Triple P Practitioner Base



TRIPLE P AZ: Lessons Learned from Local Implementations

22nd Arizona Child Abuse Prevention Conference

July 20th, 2016



Triple P AZ Provider Panel



11

- With us here today are representatives from **two** of the **ten** provider organizations that received training slots under the Steele Foundation grant for Triple P Capacity Building to Prevent Child Abuse Arizona
 - Casa de Los Ninos
 - Cradle 2 Crayons
 - Devereux
 - Family Involvement Center
 - Jewish Family & Children's Service
 - Lutheran Social Services of the Southwest – Family SPOT
 - Phoenix Children's Hospital
 - SAGE Community Foundation (Easter Seals Blake Foundation)
 - West Valley Child Crisis Center
 - West Yavapai Guidance Clinic

Triple P AZ Provider Panel



12

- We want to **thank** Casa de los Ninos and Jewish Family & Children's Service for their participation
- And we would like to **acknowledge** the dozens of other Triple P Practitioners across the state that help to increase parenting skills and parenting confidence toward supporting competent, confident children and families

Triple P AZ Provider Panel

Casa de los Niños

- **Dalia Townsend**
 - Bilingual Family Support Specialist for In Home Services and [Triple P Practitioner](#)
- **Theresa Lindberg, MS, LPC**
 - In Home Services Program Supervisor

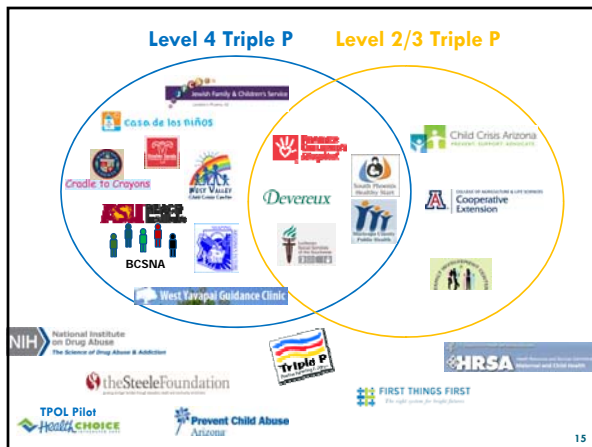
Jewish Family & Children's Service

- **Debbie Losano**
 - Bilingual Youth and Family Specialist and [Triple P Practitioner](#)
- **Kat Emmons, MA, LPC (in CO) and RDM-T**
 - In Home Services Program Supervisor

Triple P AZ Current Program Funding and Initiatives (listed alphabetically)

- **ASU REACH Institute**
 - Parenting Young Children Project in partnership with the Mesa School District funded by the National Institute on Drug Abuse
- **Behavioral Consultation Services of Northern Arizona**
 - Triple P On Line Pilot with Health Choice Integrated Care (formerly NARBHA)
- **Devereux**
 - Early adopters in AZ
- **Lutheran Social Services of the SouthWest - Family SPOT**
 - First Things First North Phoenix Region Family Resource Parenting Awareness and Southeast Maricopa Region Family Resource Parent Education grants
- **Maricopa County Department of Public Health**
 - South Phoenix Healthy Start funded by the Maternal and Child Health branch of the U.S. Department of Health and Human Services Health Resources and Services Administration
- **Maricopa County Department of Public Health and Phoenix Children's Hospital**
 - First Things First Phoenix, South Region Parenting Education grant
- **Prevent Child Abuse Arizona**
 - Triple P Capacity Building Initiative funded by the Steele Foundation
- **UofA Cooperative Extension Pima County - Family Engagement Program**
 - First Things First Pima North Regional Council Parenting Education grant

and 80+ previously trained Triple P practitioners in AZ!



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16

- Statewide coordination funded through Steele Foundation Triple P Capacity Building grant
 - January 2015 through December 2016
- Shared data collection and evaluation protocol
 - All organizations/practitioners who were trained through Steele Foundation grant
 - 40 practitioners across 10 organizations
 - Part of shared agreement for Triple P training
 - Other Triple P practitioners
 - Trained and supported through other opportunities and funding
 - Voluntary, to contribute to statewide story

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17

- Shared data collection and evaluation protocol will allow us to know...
 - Number of families served, at minimum
 - We know others are delivering Triple P, above and beyond those that are contributing data
 - Impact/benefits of Level 4 Triple P interventions
 - Child behavior problems
 - Parental depression, anxiety, and stress
 - Parenting and family adjustment
 - Satisfaction with Triple P



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18

- Partnerships provide opportunities for shared resources and cost savings
 - Public agencies, community-based provider organizations, and funders
- Current interest in being able to provide additional Triple P services to AZ families
 - Teen Triple P (a Level 4 intervention)
 - Pathways Triple P (a Level 5 intervention)
 - Family Transitions Triple P (a Level 5 intervention)
 - As well as interest in expanding the delivery of current Triple P interventions



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19

- A commitment to expanding the availability of Triple P interventions across the state, of varying levels/intensities, as well as maintaining the current level of Triple P service delivery, will allow us to start to see the community-level impact we would expect from high-quality Triple P:
 - Decreases in child maltreatment
 - Decreases in out-of-home placements
 - Decreases in child injuries due to child abuse and neglect

Questions? Please contact...

20

- Cricket Mitchell, PhD
 - Triple P AZ Coordinator, Prevent Child Abuse Arizona
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