

## Childhelp Speak Up Be Safe Fact Sheet

Childhelp Speak Up Be Safe is a primary prevention curriculum aimed at stopping and preventing child abuse and neglect. The content and delivery of the Pre-K through 12<sup>th</sup> grade curricula are based on several areas of research including child development, learning styles, social psychology, and child abuse and neglect prevention.

### What it is:

- Primary prevention curriculum for Pre-K through 12<sup>th</sup> grade
- Teaches children how to identify unsafe situations, how to identify and talk to safe adults, and five key safety rules children can follow to help adults keep them safe
- Ecological approach - materials and resources for children, teachers, facilitators, parents, school administrators, and community members to help build a safety network to protect all children from abuse and neglect
- Comprehensive - teaches students how to identify and build skills to resist all types of child abuse, including physical, emotional, and sexual abuse, as well as neglect, bullying, and cyberbullying

### How it works:

- Two lessons per grade level, 30-45 minutes each, delivered by trained and certified facilitators
- Children and teens participate in interactive, engaging lessons that are age-appropriate and developmentally-appropriate, including resistance skill building
- Lessons are reinforced with handouts, take home items, and activities to be done with peers or parents/caregivers
- Parents receive consent forms before each lesson and handouts after each lesson with a review of what their child has learned and tips on how to talk to their children about personal safety and abuse

### How to bring into your school or organization:

- Preview of curriculum and supporting materials is available through the Childhelp Speak Up Be Safe virtual campus at [www.speakupbesafe.org](http://www.speakupbesafe.org)
- School, school district or organization should contact [info@speakupbesafe.org](mailto:info@speakupbesafe.org) to place an order
- Designated facilitators complete the online, on-demand facilitator training modules
- Take home materials are shipped, and facilitators access lesson content, presentations, supporting materials, and activities on the virtual campus
- Resources for parents, school administrators, and community members can also be accessed on the virtual campus

For more information visit [www.childhelp.org](http://www.childhelp.org) or [www.speakupbesafe.org](http://www.speakupbesafe.org), or contact [info@speakupbesafe.org](mailto:info@speakupbesafe.org)