

Practical Strategies for Supervision

Presented by ASU Center for Child Well-Being
Child Abuse Prevention Conference
July 19, 2016



Workshop Goal

This workshop provides supervisors with tools to improve the effectiveness of supervision through the use of clinical supervision strategies.

Effective supervision leads to better decisions surrounding child safety and outcomes for families are improved.

Participants will examine critical thinking, clinical supervision, and engagement strategies to increase the effectiveness of supervision.



Break-Out Session Agenda

- Clinical Supervision
 - Definitions
 - Objectives
- The Clinical Supervision Conference
 - How to Structure
 - What areas to cover
 - How to engage your worker
- Practice



Critical Thinking

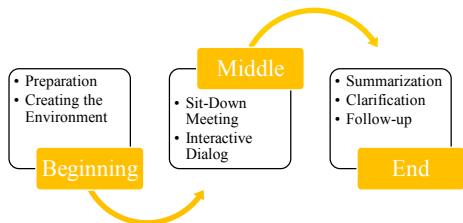


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Clinical Supervision

The Clinical Supervision Conference



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Key areas to Cover in the Conference



Engagement



Strategies to Engage Your Worker

- Focused Listening
 - Tune-in to your worker, don't get distracted by emails or calls
- Demonstrate respect for your worker
 - They may not always have the right answer, however maintain a strengths-based approach
- Be honest, Transparent and Dependable
 - If you say you are going to do something, do it. This is a great opportunity for modeling!
- Provide supportive and regular feedback



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Engagement Tool-Kit

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- Open-ended Questions
- Affirmations
- Reflective Listening
- Summaries



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Open-Ended Questions

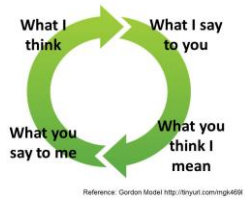


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Affirmations



Reflective Listening



Summaries



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Create a Culture of Structured Supervision



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But How, How do you Close the Door and Focus on Supervision?



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Set Boundaries



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Use your new Tools!



Closing

- Think for a moment about any new ideas you now have about clinical supervision.
- Top take-away from the session, and one thing you take back to your supervision practice to transfer this learning?
- Share with the group.